

THOMAS MITCHELL PRIMARY SCHOOL

RESCHEDULED CROSS COUNTRY HOUSE COMPETITION 2022

Thursday 28th April 2022

Dear Parents,

The rescheduled Thomas Mitchell PS Cross Country Run for Year 4 to 6 is now planned for **Monday 2nd May** on the Singleton Reserve Oval (behind Thomas Mitchell PS). All students are expected to compete as part of the physical education program. The Prep to Year 3 cross country is unfortunately cancelled and will not be held this year.

The details are as follows:

The Year 4, 5 and 6 cross country event will be held between 9.00am and 11.00am.

Students will run in **age groups according to their age as of 31st December 2022.**

- Running order will be 9/10 Girls, 9/10 Boys, 11 Girls, 11 Boys, 12/13 Girls and 12/13 Boys.
- All students are expected to participate and do their best.
- The first 10 students receive a ribbon and the following placegetters receive a place card.
- The first 9 students from each age group will progress to the Endeavour Hills District Cross Country to be held on **Wednesday 4th May** at Sydney Pargeter Recreation Area, Endeavour Hills.

Parents are invited to watch their children compete in the cross country event at the Oval during the above times, however we do recommend safe distancing be maintained at all times. **If you are an observer of the event and intend to take photos/digital images, photos must only be taken of your child and not contain images of other children. Photos and digital images are considered personal information and governed by the Privacy Act in relation to the event. In consideration of this, we ask that you do not upload any images to social media of any student other than your own.**

Students will need to wear appropriate footwear and will be allowed to dress in their house color (eg, colored t-shirt / shorts, ribbons in hair etc – see below). However we do not want parents to go overboard or spend lots of money, please re-use and recycle what you already have at home. We do encourage tracksuit pants and jumpers be worn to keep muscles warm while waiting to run.

You Can Wear:	You CAN'T Wear:
<ul style="list-style-type: none"> • House coloured t-shirt, shorts, pants (If there is a small picture on your clothes, but is predominantly your house colour that is ok!!) 	<ul style="list-style-type: none"> • Jeans
<ul style="list-style-type: none"> • Skins – under shorts 	<ul style="list-style-type: none"> • Coloured Hairspray
<ul style="list-style-type: none"> • School Uniform 	<ul style="list-style-type: none"> • Coloured Zinc
<ul style="list-style-type: none"> • Bring a warm jacket (if weather is cold) 	<ul style="list-style-type: none"> • Boots/football boots/slip on shoes
<ul style="list-style-type: none"> • House coloured ribbons/scrunchie in your hair 	<ul style="list-style-type: none"> • Necklaces
<ul style="list-style-type: none"> • House coloured hat 	<ul style="list-style-type: none"> • Dangly earrings
<ul style="list-style-type: none"> • 1 wrist band in your house colour 	<ul style="list-style-type: none"> • Singlets
<ul style="list-style-type: none"> • Runners (NOT SCHOOL SHOES) 	<ul style="list-style-type: none"> • Makeup/nail polish/tattoos
	<ul style="list-style-type: none"> • Really small shorts
	<ul style="list-style-type: none"> • No costumes

Distance to be covered in each event:

Age 9/10: large lap around surrounding area of the oval and lap of oval

Age 11: lap of oval, large lap around surrounding area and lap of oval

Age 12/13: lap of oval, large lap around surrounding area and lap of oval

I expect that all students are looking forward to a fun day by supporting their fellow students to earn house points.

Good luck to everyone!

Tim Gouge,
Sports Coordinator

Kathie Arnold,
Principal