

## THOMAS MITCHELL PRIMARY SCHOOL

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# NUDE FOOD



Congratulations to 3RC for having the best results for bringing along nude food to school in Term 1.

To celebrate their achievement, we are putting on a special lunch for the class. This will involve discussions about healthy eating habits, packing a nude food lunch and the sharing of a variety of different nutritional lunch ideas.

The special lunch will be on **Monday 1<sup>st</sup> May in the staffroom from 12:00 – 1pm.**

The foods that will be available to the students will be:

- Whole meal wraps
- Whole meal bread
- Cheese
- Pasta
- Rice
- Variety of dips
- Yoghurt
- Muesli (nut free)
- Variety of fruits and vegetables
- Chicken
- Ham off the bone

Please return the form below to the school by Friday 28<sup>th</sup> April, including if your child has any food allergies, intolerances or special dietary requirements. If you have any questions, please let us know.

Students are still expected to bring along a snack, but do not need to bring lunch.

There is no cost for this activity.

Liz Cooke and Rose Arbuthnot  
Sustainability Team

John Hurley  
Principal

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My son/daughter \_\_\_\_\_ of 3RC is allergic or intolerant to \_\_\_\_\_  
They only eat halal food Yes/No  
Parent name \_\_\_\_\_ Parent signature \_\_\_\_\_  
Date \_\_\_\_\_